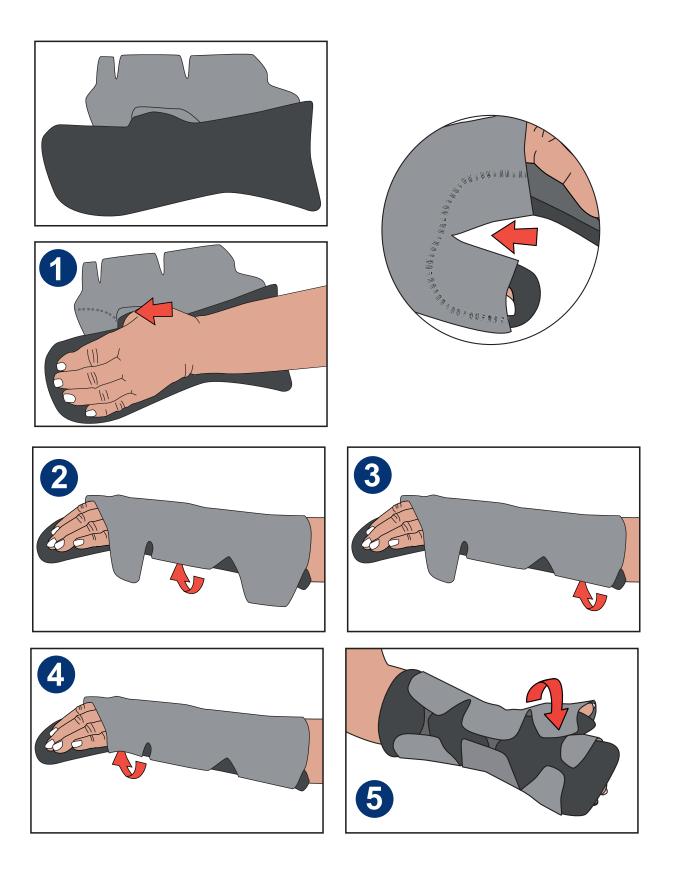
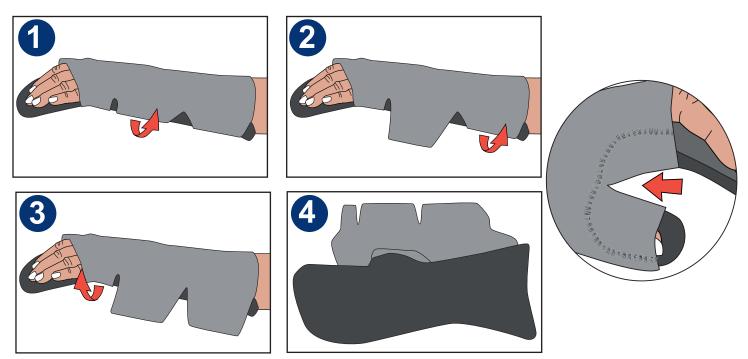
## Patient guide S.O.T. hand orthosis

## PUT ON THE ORTHOSIS

For the orthosis to work best, the cover must be adjusted to fit well in the thumb crease (see picture to the right). Then attach the cover gradually, starting with the wrist strap, ensuring it is smooth and comfortable. If the hand is swollen, a cover in a larger size may be needed.





Loosen the cover on the little finger side of the hand in the order shown in the pictures. Leave the cover on the thumb side of the hand and between the thumb and index finger. It will be easier to put the orthosis on if the strap along the thumb and in the thumb grip remains in place.

The orthosis should be used:

Things to consider:

**CARE INSTRUCTION**: Wash the assembled product in a washing bag at 40°C. Dry horizontally. Do not tumble dry or dry clean.

If any problem arises, please contact:

Name\_\_\_\_\_

Phone:\_\_



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