Measuring Guidelines TROUSERS

Orange & square = length

Blue & circle = circumference

Please note that all measurements should be taken in centimetres (cm). The measuring tape must lay against the skin. Do not pull the measuring tape. All measurements should be taken while the patient is standing and has a normal breathing pattern. It may be useful to mark the area to be measured on the patient's skin using a non-permanent marker.

W	Circumference torso at waist level
AS	Circumference around ASIS
WW	Waist to Waist
L/R9	Circumference of leg, level with groin and gluteal fold at an angle of 90 degrees
L/R 10	Mid-thigh circumference
L/R 11	Circumference at Knee Joint in line with Patella
L/R 12	Circumference around superior tibial tuberosity (only for long and ¾ legs)
L/R 13	Circumference around largest part of calf muscle (only for long and ¾ legs)
L/R 14	Circumference around superior medial malleolus (only for long and ¾ legs)
L/R 15	Place tape on anterior surface of upper leg in line with groin crease and mid patella, measure down to knee joint
L/R 16	Medial Mid-patella to superior medial malleolus (only for long and ¾ legs)
CER/L	Place tape on anterior surface of upper leg in line with groin crease and mid patella, measure down to end of garment (only for short and ¾ legs)

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