

# TROUSERS

## Measuring Guidelines



Orange & square = length

Blue & circle = circumference

Please note that all measurements should be taken in centimetres (cm). The measuring tape must lay against the skin. Do not pull the measuring tape. All measurements should be taken while the patient is standing and has a normal breathing pattern. It may be useful to mark the area to be measured on the patient's skin using a non-permanent marker.

W	Circumference torso at waist level
AS	Circumference around ASIS
WW	Waist to Waist
L/R9	Circumference of leg, level with groin and gluteal fold at an angle of 90 degrees
L/R 10	Mid-thigh circumference
L/R 11	Circumference around the knee at the level of superior patella
L/R 12	Circumference around superior tibial tuberosity (only for long and $\frac{3}{4}$ legs)
L/R 13	Circumference around largest part of calf muscle (only for long and $\frac{3}{4}$ legs)
L/R 14	Circumference around superior medial malleolus (only for long and $\frac{3}{4}$ legs)
L/R 15	Place tape at top of leg at groin area and measure to knee joint in line with mid-patella, on the inside of leg
L/R 16	Medial Mid-patella to superior medial malleolus (only for long and $\frac{3}{4}$ legs)
CER/L	From inside of leg at groin area to end of garment (only for short and $\frac{3}{4}$ legs)