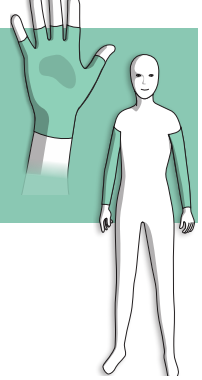
# Measuring Guidelines 39330/39331/39335/39336 Glove 39340 Sleeve

elements body



Orange & square = length

Blue & circle = circumference

All measurements should be taken in cm. Length measures, (orange square) – the measuring tape must be lying against the skin, but do not pull it. All measurements should be taken without tension, and directly against the skin. All measures should be taken when the Patient is relaxed and has a regular breathing pattern. It is useful to make marks using a non-permanent marker on the Patient's skin to secure correct measure

**GLOVE**

| | |
|---|---|
| L/R30 | Circumference of Thumb at MCP Joint. |
| L/R31 | Circumference at end of required length of Thumb. |
| L/R32 | Circumference of Index Finger at PIP Joint (Long Fingered Glove) or where Finger should end on Glove (Short Fingered Glove). |
| L/R33 | Circumference at end of required length of Finger (Long Fingered Glove). |
| L/R34 | Circumference of Middle Finger at PIP Joint (Long Fingered Glove) or where Finger should end on Glove (Short Fingered Glove). |
| L/R35 | Circumference at end of required length of Second Finger (Long Fingered Glove). |
| L/R36 | Circumference of Ring Finger at PIP Joint (Long Fingered Glove) or where Finger should end on Glove (Short Finger Glove). |
| L/R37 | Circumference at end of required length of Ring Finger (Long Fingered Glove) |
| L/R38 | Circumference of Little Finger at PIP Joint (Long Fingered Glove) or where Finger should end on Glove (Short Fingered Glove). |
| L/R39 | Circumference at end of required length of Little Finger (Long Fingered Glove). |
| L/R40 | Circumference of Palm. Level with the Thumb web space |
| L/R41 | Top of Glove (Gloves without Fingers). |
| L/R42 | Length of Thumb from MCP joint to required length of thumb |
| L/R43 | Length from base of Index Finger to PIP Joint or to the required length of Index Finger (Short Fingered Glove). This measurement is taken on the ulnar border |
| L/R44 | Length from base of Index Finger to the required length of index Finger (Long Fingered Gloves). This measurement is taken on the ulnar border |
| L/R45 | Length from base of Middle Finger to PIP Joint or to the required length of Middle Finger (Short Fingered Glove). This measurement is taken on the ulnar border |
| L/R46 | Length from base of Middle Finger to the required length of Middle Finger (Long Fingered Gloves). his measurement is taken on the ulnar border |
| L/R47 | Length from base of Ring Finger to PIP Joint or to the required length of Ring Finger (Short Fingered Glove). This measurement is taken on the radial border |
| L/R48 | Length from base of Ring Finger to the required length of Ring Finger (Long Fingered Gloves). This measurement is taken on the radial border |

# Measuring Guidelines 39330/39331/39335/39336 Glove 39340 Sleeve

**GLOVE**

| | |
|---|---|
| L/R49 | Length from base of Little Finger to PIP joint or to the required length of Little Finger (Short Fingered Glove). This measurement is taken on the radial border |
| L/R50 | Length from base of Little Finger to the required length of Little Finger (Long Fingered Gloves). This measurement is taken on the radial border |
| L/R51 | Length from base of thumb to base of Index Finger along the side of radial border of the Palm (Glove with Fingers) or to required length of Glove (Glove without Fingers) |
| L/R52 | Length from 2nd web space to Wrist crease over thenar eminence (Gloves with Fingers) or to required length of Glove (Gloves without Fingers). |
| L/R53 | Length from 4th web space to Wrist crease (Gloves with Fingers) or to required length of Glove (Gloves without Fingers). |
| L/R55 | Circumference at Wrist. |

**SLEEVE**

| | |
|---|---|
| L/R54 | Length from Wrist to Elbow joint (Long Sleeve) or to end of Sleeve (Short Sleeve). This measurement to be taken on the medial border of the Forearm |
| L/R56A | Circumference one third of the distance from Elbow to Wrist. |
| L/R56B | Circumference midway between Elbow to Wrist. |
| L/R57 | Circumference at Elbow joint with Arm extended (Long Sleeve) or at end of Sleeve (Short Sleeve). |
| L/R58 | Length from Axilla Crease to Cubital Crease or at the end of sleeve. This measurement to be taken on the medial border of the upper Arm. |
| L/R59 | Circumference at midway point between Elbow and Axilla. |
| L/R60 | Circumference of Arm, level with Axilla. Patients Arms should be at their sides and Scapula set against Chest Wall. |

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