

# allard<sub>INT</sub>

## INSTRUCTIONS



# USEER

kiddieGAIT™



www.allardint.com

**Patent no.:**

ToeOFF, ToeOFF Short, ToeOFF Fantasy, ToeOFF NFR, BlueRocker, BlueRocker NFR, KiddieGAIT, KiddieGAIT NFRAU736950, BE1005297, BE1114626, DK1005297, DK1114626, FI1005297, FI1114626, FR1005297, FR1114626, IE1005297, IE1114626, IT1005297, IT1114626, CA2279225, CNZL97181689.1, NL1005297, NL1114626, NO313656, PL194247, CH1005297, CH1114626, ES1005297, ES1114626, GB1005297, GB1114626, SE1005297, SE1114626, DE69709184.8-08 DE69732541.5-08, US5897515, ATE210417, ATE289187  
Ypsilon, Ypsilon NFR GE60208889.5-08, GB1379201, IT1379201, US6887213

## READ THIS INSTRUCTION CAREFULLY BEFORE USE

*The Orthotist has selected KiddieGAIT, a ToeOFF Family Product, the original and highest quality carbon composite dynamic response floor reaction AFO available, to meet the child's specific needs.*

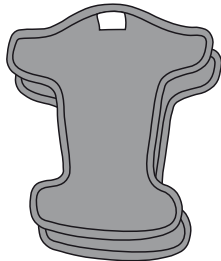
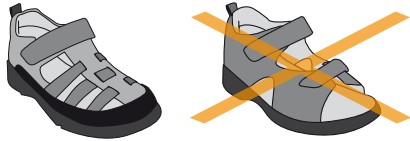


Carbon composites offer durability and decreased weight and bulk as compared to traditional braces. The unique characteristics of this material requires careful attention to maintain the life of the brace. Failure to follow the enclosed guidelines may result in decreased function or damage to the orthosis and may void the warranty. Your orthotist will give you two copies of these caregiver instructions. If your child attends school or other day program, please review and give the extra copy to the attendant.



## OTHER ORTHOTIC INTERVENTION

KiddieGAIT provides stability and dynamic assist to lift the foot while walking. Often, the child will require an additional foot orthosis to properly position the foot. This additional orthosis will work in conjunction with KiddieGAIT to improve the child's walking pattern and often permit him/her to walk for longer periods of time before tiring.



## SHOES & SOCKS

The thinness of the carbon composites allows the orthosis to fit into most standard shoes without having to increase shoe size. However, a shoe with good support is important. Sandals and loafers, for example, do not offer good support and should not be worn with KiddieGAIT.

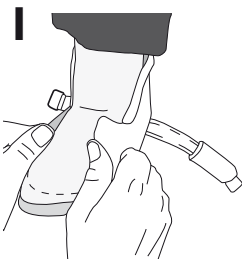
A shoe that provides good support to the sides of the foot and the heel will hold KiddieGAIT and any accompanying orthosis in proper position to provide the best possible support for the foot and ankle. A rocker toe will assist in a smooth rollover as the child walks. The orthotist fit the KiddieGAIT and any accompanying orthosis based on the height of the heel on the shoe the child was wearing at the time of the fitting. Talk with the orthotist before selecting shoes that have significantly different heel heights.

KiddieGAIT should have an interface between the front of the brace and the leg. Tall cotton socks are suggested for increased comfort. They also keep the brace padding protected from perspiration and soiling.

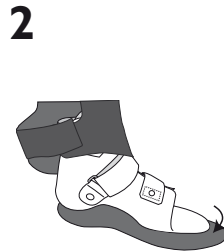
There should be an interface between the foot and the KiddieGAIT footplate. Your orthotist may have placed an orthotic insole, or custom orthosis with a non-skid interface on top of the footplate. If not, ask your orthotist for recommendation of what type interface will be best.

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## PUTTING ON THE ORTHOSIS



**1.** If the orthotist has fabricated a plastic orthosis that wraps around the foot, apply this to the child first.



**2.** If the orthotist provided any other foot orthotic and it is not already attached to the KiddieGAIT footplate, place it on top of the KiddieGAIT footplate.



**3.** Place the brace into the shoe.



**4.** Slide the foot into the shoe. Close snugly.



### REMOVING THE ORTHOSIS

Pull from front to back to release the strap. Slide hand under orthosis and pull up to remove from shoe.

**IMPORTANT: ONLY pull from front to back to release the straps.** The wings are made flexible for comfort. However, they will break if repeatedly flexed back and forth. Straps must be removed from front to back. If straps are removed by pulling from back to front, this will cause the wings to fracture.

### ADAPTING TO THE NEW ORTHOSIS

Like a new pair of shoes, orthoses have a break-in period. Follow the orthotist recommendations for gradually increased wearing time to help the child become accustomed to his/her new orthosis.

### SKIN MONITORING

Check the condition of the child's lower leg and foot daily, especially if the child is suffering from great loss of feeling in the lower leg. Consult the child's physician or orthotist immediately in the case of skin irritation or discoloration.

### CARING FOR THE ORTHOSIS

#### CLEANING

Sand/dirt/debris removal: Sand and dirt tend to grind away at the carbon composite material. Remove or clean any sand/dirt/debris from the shoe and KiddieGAIT daily.

**WASHING:** It is recommended to wash liners and straps approximately twice per week. Hand wash with gentle detergent and air dry. Extra sets of straps / padding may be purchased from the orthotist in order to decrease laundering frequency.

#### STORAGE

Take care that the brace is not left lying down to reduce possibility of someone stepping or sitting on it. Do not allow the brace to be exposed to temperature extremes. (Don't store in the car trunk on summer days or leave outdoors during freezing nights).

#### MAINTENANCE

Inspect the orthosis daily. Report any signs of wear to the orthotist.



Camp Scandinavia AB, Karbingatan 38  
SE-254 67 Helsingborg, Sweden  
Phone +46 42 25 27 01

